**Replace Missing Teeth (01\_dental1)**

When you are missing a tooth, it is crucial to have it replaced as quickly as possible! The longer you wait, the more damage is done to your jaw.

**Gum Health (02\_dental2)**

Did you know that paying attention to your gum health is just as important as monitoring your teeth? Gum health is often an indicator of your overall wellbeing.

**Brushing your teeth enough (03\_dental3)**

Even when you brush your teeth twice a day, you still need to monitor how long you are doing so. You want to brush for a minimum of two minutes each time you brush your teeth!

**Soda (04\_dental4)**

Be sure to limit your soda intake whenever you enjoy it. The sugar and acid soft drinks contain can be directly responsible for tooth decay.

**Kids (05\_kids)**

If you are struggling to have your kids brush your teeth, try to turn it into a fun activity! Make it something they look forward to every day!

**Referral (06\_referral)**

It would mean the world to us if you would refer our practice to your friends, family, and coworkers! We are always trying to grow our practice and reach more people!

**General (07\_general)**

If it has been a while since you last visited us, schedule your appointment soon! End the year on a great note!

**Quote (08\_quote)**

We hope you have plenty of reasons to smile today!

**Fun (09\_fun)**

What is your best Halloween costume?

**Birthday (10\_birthday)**

We hope all of our team members and patients with October birthdays have fabulous days and feel well-celebrated!

**Out Of Office (11\_outofoffice)**

Our office is closed today, but we will see you tomorrow!

**Leave A Review (12\_review)**

We would sincerely appreciate it if you could leave us a review! It helps us immensely!

**Health Literacy Awareness Month (13\_healthliteracy.jpg)**

October is Health Literacy Awareness Month, so now is a great opportunity to take some time to learn more about your health and that of your loved ones.

**October 5th: World Teacher’s Day (14\_teacherday.jpg)**

Today is World Teacher’s Day, so be sure to take the time to tell the teachers in your life how much you appreciate all they do!

**Halloween (15\_halloween.jpg)**

We hope you have a fantastic, fun, and safe Halloween!